

**Phoebe Hok-Yee Lam**  
Curriculum Vitae  
Northwestern University  
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Evanston, IL 60201  
Email: PhoebeLam@U.Northwestern.edu

## EDUCATION

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<b>Northwestern University</b> <i>Doctoral student in the Personality, Development, and Health Area</i> <i>Advisors: Dr. Edith Chen and Dr. Gregory Miller</i>	<b>Expected 2021</b>
<b>Northwestern University</b> <i>M.S. in Psychology</i> <i>Advisor: Dr. Edith Chen</i>	<b>Expected 2018</b>
<b>University of California, Berkeley</b> <i>B.A. in Psychology</i> <i>Graduated with Highest Honors in Psychology Department</i> <i>Graduated with Highest Distinction in Berkeley General Scholarship</i> <i>Advisors: Dr. Iris Mauss and Dr. Oliver John</i>	<b>2011 - 2013</b>
<b>Ohlone College</b> <i>Completion of Intersegmental General Education Transfer Curriculum</i>	<b>2009 - 2011</b>

## AWARDS, FELLOWSHIPS, AND CERTIFICATES

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<b>Institute of Policy Research Graduate Assistantship</b> <i>Awarded two quarters of funding support to Northwestern doctoral student interested in policy research</i>	<b>2018 - 2019</b>
<b>Quantitative Certificate</b> <i>Awarded to Northwestern psychology doctoral student in recognition of completing a specific portfolio of quantitative coursework</i>	<b>2018</b>
<b>Walter Dill Scott Scholarship</b> <i>Awarded summer funding support to Northwestern doctoral student</i>	<b>2018</b>
<b>Florence Sales Teaching Assistant of the Year Award</b> <i>Awarded by the Psychology department at Northwestern to one graduate student in recognition of teaching assistant work</i>	<b>2018</b>
<b>Society, Biology, and Health Cluster Fellowship</b> <i>Awarded one-year of funding support to Northwestern doctoral students interested in interdisciplinary research on society, biology, and health</i>	<b>2017 - 2018</b>
<b>Departmental Citation Award</b>	<b>2013</b>

*Awarded by each department to one graduating senior in recognition of distinguished undergraduate work at UC Berkeley*

**Department Commencement Student Speaker** 2013

*Psychology department commencement undergraduate student speaker at UC Berkeley*

**Psychology Thesis Highest Honors** 2013

*Acknowledged distinguished undergraduate thesis at UC Berkeley*

**Dean's Honors List** 2011 – 2013

*Acknowledged the academic achievement of the top 4% of Letters and Science students at UC Berkeley*

**Berkeley Undergraduate Scholarship** 2011 – 2012

*Awarded to UC Berkeley students on the basis of academic merit and financial needs*

## **PUBLICATIONS**

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**Lam, P.H.**, Miller, G.E., Chiang, J.J., Levine, C.S., Le, V., Shalowitz, M.U., Story, R.E. & Chen, E. (in press). One size does not fit all: Links between shift-and-persist on asthma in youth are moderated by perceived family social status and experience of unfair treatment. *Development and Psychopathology*.

**Lam, P.H.**, Levine, C.S., Chiang, J.J., Shalowitz, M.U., Story, R.E., Hayen, R., Sinard, R.N. & Chen, E. (in press). Family obligations and asthma in youth: The moderating role of socioeconomic status. *Health Psychology*.

Jones, E.J., **Lam, P.H.**, Hoffer, L.C., Chen, E. & Schreier, H.M.C. (in press). Chronic family stress and adolescent health: The moderating role of emotion regulation. *Psychosomatic Medicine*.

Ford, B. Q., \* **Lam, P.**, \*, John, O., & Mauss, I. B. (in press). The psychological health benefits of accepting negative emotions and thoughts: Laboratory, diary, and longitudinal evidence. *Journal of Personality and Social Psychology*. \*Shared first-authorship.

Ford, B. Q., Feinberg, M., **Lam, P.**, Mauss, I. B., & John, O. P. (in press). Using reappraisal to regulate negative emotion after the 2016 U.S. presidential election: Does emotion regulation trump political action? *Journal of Personality and Social Psychology*.

## **MANUSCRIPTS UNDER REVIEW**

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Vargas, T., **Lam, P.H.**, Lieberman, A., Aziz, M., & Mittal, V.A. (revise and resubmit). Childhood trauma and neurocognition in adults with psychotic disorders: A systematic review and meta-analysis.

Jones, E.J., Chen, E., Levine, C.S., **Lam, P.H.**, Liu, V.Y. & Schreier, H.M.C. (revise and resubmit). Aspects of the parent-child relationship and parent metabolic outcomes.

Chiang, J.J., Chen, E., Leigh, A.K.K., Hoffer, L.C., **Lam, P.H.** & Miller, G.E. (revise and

resubmit). Familism and inflammatory processes in African-American, Latino, and European-American.

Chen, E., Shalowitz, M.U., Story, R.E., Hayen, R., Leigh, A.K.K., Hoffer, L.C., Austin, M.K., **Lam, P.H.**, Brody, G.H., & Miller, G.E. (under review). Divergence of mental and biological/physical health in African American and Hispanic youth with asthma.

## CONFERENCE TALKS & POSTERS

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Chong, A.W., **Lam, P.H.**, Karnilowicz., H.R., Mauss, I.B., & Löckenhoff, C.E. (May, 2018). The role of discrimination learning in age differences on the Balloon Analogue Risk Task. Paper presentation. *U.S. – Hong Kong Conference*, Shatin, Hong Kong.

**Lam, P.H.**, Levine, C.S., Shalowitz, M.U., Story, R.E., Austin, M.K., Hayen, R., Sinard, R.N. & Chen, E. (March, 2018). Family obligation and asthma in youth: The moderating role of socioeconomic status. Trainee Data blitz talk. *American Psychosomatic Society*, Louisville, KY.

**Lam, P.H.**, Levine, C.S., Shalowitz, M.U., Story, R.E., Austin, M.K., Hayen, R., Sinard, R.N. & Chen, E. (March, 2018). Family obligation and asthma in youth: The moderating role of socioeconomic status. Conference poster. *American Psychosomatic Society*, Louisville, KY.

Jones, E.J., **Lam, P.H.**, Hoffer, L.C., Chen, E. & Schreier, H.M.C. (March, 2018). Chronic family stress and adolescent health: The moderating role of emotion regulation. Conference poster. *American Psychosomatic Society*, Louisville, KY.

Ehrlich, K. B., Miller, G. E., Shalowitz, M., Story, R., Levine, C., **Lam, P. H.**, Austin, M., & Chen, E. (March, 2018). Secure base representations in children with asthma: Links with symptoms, family asthma management, and cytokine regulation. In J. R. O'Brien (Chair), *The Impact of Parent-Child Relationships on Child Inflammation*. *American Psychosomatic Society*, Louisville, KY.

Ehrlich, K. B., Miller, G. E., Shalowitz, M., Story, R., Levine, C., Austin, M., **Lam, P. H.**, Corallo, K., Lyle, S., & Chen, E. (March, 2018). Loneliness in children with asthma: Links with symptoms, family asthma management, and cytokine regulation. Paper presentation. *American Psychosomatic Society*, Louisville, KY.

Ford, B. Q., Feinberg, M., **Lam, P.H.**, Mauss, I. B., & John, O. P. (February, 2018). Using reappraisal to regulate negative emotion after the 2016 U.S. presidential election: Does individual emotion regulation trump collective political action? Symposium talk. *Society for Personality and Social Psychology*, Atlanta, GA.

**Lam, P.H.**, Levine, C.S., Chiang, J.J., Shalowitz, M.U., Story, R.E., Austin, M.K., Hayen, R., Sinard, R.N. & Chen, E. (October, 2017). Family Obligation and Asthma in Youth: The Moderating Role of Socioeconomic Status. Data blitz talk. *Social Relationships across the Life Span*, Evanston, IL.

Manczak, E., Austin, M., **Lam, P.**, & Chen, E. (October, 2017). "Parental depressive symptoms

potentiate the effect of youth negative mood symptoms on gene expression in children with asthma.” Poster accepted for presentation at the special topic meeting of the American Psychosomatic Society, Berkley, CA.

Ford, B. Q., **Lam, P.H.**, John, O.P., & Mauss, I. B. (April, 2017). The psychological health benefits of accepting negative emotions and thoughts: Laboratory, diary, and longitudinal evidence. *Society for Affective Science*, Boston, MA.

**Lam, P.H.**, Ford, B. Q., John, O. P., & Mauss, I. B. (January, 2016). Emotional acceptance longitudinally predicts better well-being: The role of emotional responses to daily stressors. The *Society for Personality and Social Psychology Conference—Emotion Preconference*, San Diego, CA.

**Lam, P.H.**, Ford, B. Q., Anderson, C. L., & Mauss, I. B. (February, 2014). Affective correlates of emotion goal pursuit: pursuing happiness vs. accepting one’s emotions. Data blitz talk. *Society for Personality and Social Psychology—Emotion Preconference*, Austin, TX.

## RESEARCH EXPERIENCE

### Foundations of Health Research Center - Evanston, IL

2016 - Present

Principal Investigators: Dr. Edith Chen & Dr. Greg Miller

Responsibilities include:

- Help with designing study protocols, data collection, and data analyses
- Preparing and isolating monocytes and hematopoietic stem cells for extraction of ribonucleic acid (RNA) and determination of gene expression profile
- Preparing for in-vitro measurement of pro-inflammatory cytokine production in response to microbial challenge
- Determining monocyte subpopulations and endothelial micro-particle concentration via flow cytometry
- Performing quality assurance on structural Magnetic Resonance (MRI) Imaging data

### Emotion and Emotion Regulation Lab- Berkeley, CA

2012 - 2016

Principal Investigator: Dr. Iris Mauss

### Berkeley Personality Lab- Berkeley, CA

Principal Investigator: Dr. Oliver John

Responsibilities include:

- Designing and implementing study protocols, administering extensive pilot tests, and analyzing study data
- Data collection with various methods that include self-reports, peer-reports, diary measures, behavioral measures (facial and behavioral coding), autonomic psychophysiological measures (electrocardiography, impedance cardiography, blood pressure, pulse plethysmography, respiration, skin conductance, and skin temperature), and biological measures (glucose, cholesterol profiles, telomere length, and single nucleotide polymorphism)
- Other responsibilities include drafting IRB protocols, training and supervising research assistants, recruiting participants diverse in age and ethnicity, administering phone

screening interviews, creating and maintaining lab and study websites, and troubleshooting physiological equipment and software

## **TEACHING EXPERIENCE**

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| • Statistical Methods – Teaching Assistant                 | Winter 2017 |
| • Research Methods – Teaching Assistant                    | Spring 2017 |
| • Research Methods – Teaching Assistant and Guest Lecturer | Winter 2018 |

## **REVIEW**

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- Ad Hoc Review for Psychosomatic Medicine

## **PROFESSIONAL SKILLS**

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- **SPSS, R, MPlus**- data analysis software
- **Qualtrics** - online data collection software
- **E-Prime** - laboratory task data collection software
- **Mindware** - psychophysiological data collection software
- **Anslab** - psychophysiological data analysis software
- **HTML & CSS Coding** – basic web design languages
- **Basic phlebotomy** – venipuncture and capillary puncture